

Metropolitan LWC

Senior Womens Records

Record		Name	Event Date & Name	
45 kg				
Snatch	64 kg	Record Standard		
Clean & Jerk	86 kg	Record Standard		
Total	150 kg	Record Standard		
49 kg				
Snatch	68 kg	Kerri Keegan	09/10/2016	NY State Championship
Clean & Jerk	92 kg	Kerri Keegan	09/10/2016	NY State Championship
Total	160 kg	Kerri Keegan	09/10/2016	NY State Championship
55 kg				
Snatch	80 kg	Jessica Jean Augustine	3/01/2019	Nike American Open Series 1
Clean & Jerk	100 kg	Jessica Jean Augustine	09/29/2019	NY State Championship
Total	173 kg	Rhiannon Reynolds	08/14/2015	National Championship
59 kg				
Snatch	80 kg	Rhiannon Reynolds	05/25/2018	National Championship
Clean & Jerk	103 kg	Rhiannon Reynolds	05/25/2018	National Championship
Total	183 kg	Rhiannon Reynolds	05/25/2018	National Championship
64 kg				
Snatch	88 kg	Danica Rue	12/07/2001	American Open
Clean & Jerk	118 kg	Danica Rue	04/26/2002	National Championship
Total	203 kg	Danica Rue	12/07/2001	American Open

71 kg

Snatch	96 kg	Danica Rue	6/24/2005	Mermet Cup USA vs AUS
Clean & Jerk	126 kg	Danica Rue	6/24/2005	Mermet Cup USA vs AUS
Total	222 kg	Danica Rue	6/24/2005	Mermet Cup USA vs AUS

76kg

Snatch	87 kg	Ericka Dice	1/12/2008	FDU Open
Clean & Jerk	105 kg	Ashley Gold	1/15/2017	Hoboken Open
Total	189 kg	Ashley Gold	1/15/2017	Hoboken Open

81 kg

Snatch	81 kg	Record Standard
Clean & Jerk	109 kg	Record Standard
Total	190 kg	Record Standard

87 kg

Snatch	84 kg	Christine DeSanno	10/15/2017	Metropolitan Championship
Clean & Jerk	113 kg	Christine DeSanno	10/15/2017	Metropolitan Championship
Total	197 kg	Christine DeSanno	10/15/2017	Metropolitan Championship

+87 kg

Snatch	82 kg	Ashley Ford	07/29/2017	315 Summer Showdown
Clean & Jerk	102 kg	Ashley Ford	07/29/2017	315 Summer Showdown
Total	184 kg	Ashley Ford	07/29/2017	315 Summer Showdown

Record standard must be equaled or surpassed.

Record standard is based on the IWF world record standard comparison to the next higher weight class.